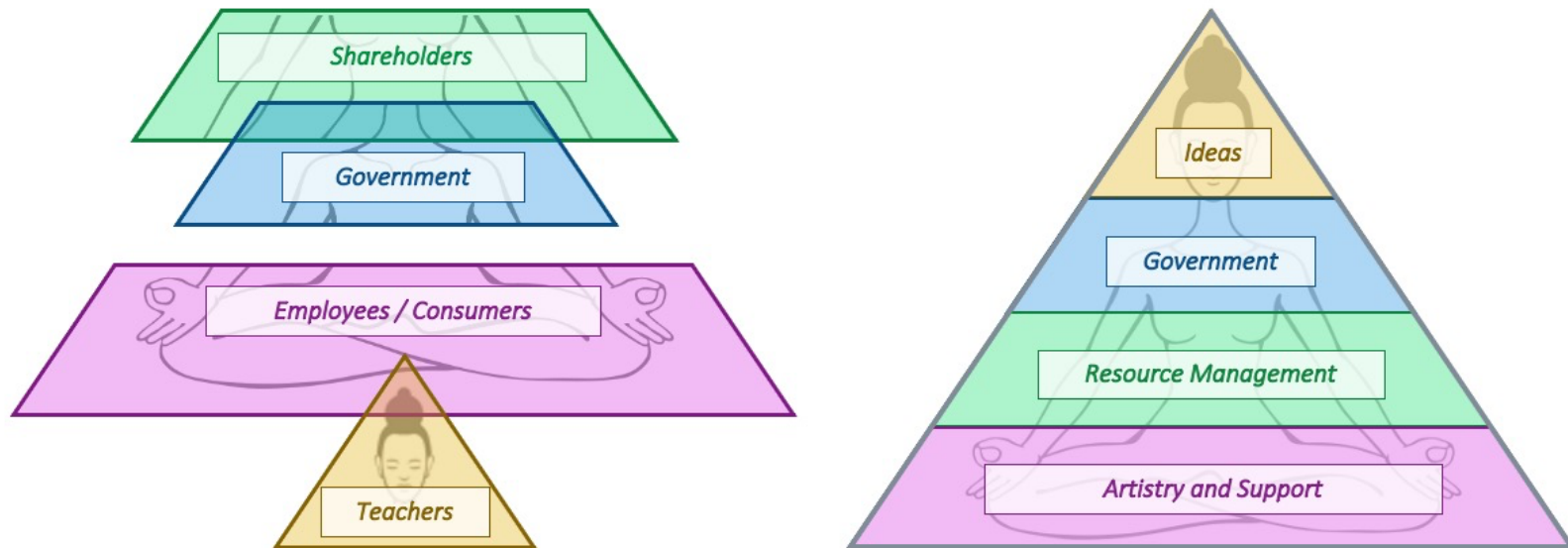


The Dharma Rebellion

Bhakti-yoga's Vision for Spiritual Resistance

FROM SOCIAL DISORDER TO SACRED ORDER



How do we get from here . . .  to here?

Core Practices of Successful Social Movements

- **Build Relationships** with people to inspire action
- **Tell Stories** about why there's a problem, what we're fighting for, and how we win by fighting together
 - **Story of self:** how and why you've been called to act
 - **Story of us:** the values we share and the need to protect those values
 - **Story of now:** why there is an urgent need to act
- **Create Structures** that follow nature's law of deliberate design rather than relying on default settings
- **Cultivate Courage** by telling stories that prepare people to face daunting challenges by countering fear with hope, empathy, and a sense of self-worth
- **Strategize!** Strategy is the cognitive partner of emotional resilience; train leaders at multiple levels
- **Take Action!** If nothing is happening, then nothing is happening; collect data from action

The best antidote to fear is action.

- Break the law in small ways that give you courage
- Practice low-risk acts of kindness and it will be easier to scale up to high-risk acts of kindness.
 - Ordinary people who hid Jews from Nazis practiced basic acts of moral goodness prior to risking their lives to help
- Surround yourself with good models





Spiritual activism: social or political action informed by spiritual values that seeks as much to elevate consciousness as it seeks to solve a social or political problem.





APPLYING THE FOUR PRINCIPLES OF DHARMA - EXAMPLE

SOCIAL ISSUES	PRINCIPLES OF DHARMA			
	Austerity	Purity	Compassion	Truthfulness
Economy / Cost of Living				
Government / Leadership				
Immigration				
Judicial System / Courts / Laws				
Elections / Democracy				

SOCIAL ISSUES	PRINCIPLES OF DHARMA			
	Austerity	Purity	Compassion	Truthfulness

SOCIAL ISSUES	PRINCIPLES OF DHARMA			
	Austerity	Purity	Compassion	Truthfulness

			PRINCIPLES OF DHARMA			
			Austerity	Purity	Compassion	Truthfulness
ISSUE YOU SUPPORT	FIELDS OF WORK	 Ideas				
		 Government				
		 Resources				
		 Artistry				

		PRINCIPLES OF DHARMA			
		Austerity	Purity	Compassion	Truthfulness
FIELDS OF WORK	 Ideas				
	 Government				
	 Resources				
	 Artistry				

"If the main pillar of a system is living a lie, then it is not surprising that the fundamental threat to it is living in truth."

~ Václav Havel, *The Power of the Powerless*